**An Abstract Approach to Painting Realistically**

Howard Friedland

**Supply List**

**Mediums:** Oil and Acrylic

**Materials:**

**Colors:**

Titanium White

Cadmium Yellow Lemon

Cadmium Red Medium

Ultramarine Blue

Cerulean Blue Hue

Viridian Green

Alizarin Crimson

Yellow Ochre

Burnt Sienna

Other colors you like

**Oil Painting Brushes:**

Bristle Flats #2,4,6,8

#1 Liner brush for thin lines

Any other brushes you like

**Acrylic Brushes:**

Synthetic Flats #2,4,6,8

#1 Liner brush for thin lines

Any other brushes you like

**Palette Knife:**

Medium size - trowel shaped palette knife - with bent handle.

Any other size Palette Knife you like.

**Painting Panels:**

5 or 6 Panels

Your choice of sizes 8x10, 9x12,11x14 or 12x16

I like **Centurion** linen panels for studied but you can use any brand

**Easel:**

Table easel or portable upright standing easel

**Palette:**

If you have a painting setup like a pochade box with palette

or French easel with a palette included, great!

If not, you will need to get a palette. You can use a wooden or paper palette.

(not smaller than 11x14 inches)

**Thinner and container with lid for cleaning brushes:**

Gamsol for Oil Painters (Available online or art supply stores)

Water for Acrylic Painters (Available from faucets) LOL

**Other Materials:**

Sketch book

Ebony pencil

Small pencil sharpener

Eraser

Prismacolor - Gray Markers 20%, 50%,80%, Black

Paper towels

Trash bag for used paper towels

Small hand mirror

Cell phone

iPad or Laptop (if you have one)

Other supplies you like