Maggie Henry- Instructor Center for the Arts Bonita Springs

(Suggested) Beginners Paint Pouring Supply List

Basic supply list:

Plastic cups 3 sizes: 3, 9 or 16 ounce Wooden craft sticks for stirring paint Palette Knife Cake Frosting spreader Freezer Paper or Wax Paper Paper towels Disposable gloves (latex or similar) Masking tape to protect back of canvas Plastic container to hold water. ***NOTE: I use a one gallon plastic bucket* Apron / old shirt to protect your cloths Large aluminum baking pans for pouring into or plastic drop cloth or painting tarp.

Pouring surfaces: your choice at least 1:

**NOTE: Substrate size preferred to fit within large aluminum baking pan. I use 8" x 10" canvas boards for practicing pours.

1. Wood panels

2. Canvas, a size you feel comfortable to work with not too big and not too small. 3. Unconventional items, Ceramic tiles, old records, any hard surface to pour on, etc.

Silicone oils / your choice at least 1:

Treadmill belt lubricant 100% silicone oil Demco acrylic Silicone oil Unicorn art - silicone oil WD-40 spray silicone oil Impresa <u>pouring</u> oil (large cells) or Impresa silicone oil (multiple smaller cells) Rain Ex Spray

Acrylic Paints: your choice at least 3 colors, white and black:

Artists loft / Apple Barrel / Americana / Deco art Soft body acrylics / High flow acrylics Arteza pre-mixed pouring paints Nova Paints Liquid Acrylics Sax True Flow Acrylics - Amazon **Optional liquid acrylics:** Deco Art Metallic / Iridescent / or Interference colors

Your choice / Pouring mediums at least 1:

Elmers Glue - plus distilled water to dilute Floetrol Liquitex pouring medium Golden GAC 800 DecoArt Pouring Medium

** NOTE: Optional supplies that I use:

Plastic cups with lids for storing your poured paint Minwax polyacrylic crystal clear topcoat (protects your finished pour) Kitchen blow torch / Chandler heat gun (pops air bubbles and brings up cells) Hair dryer (for air swipes) Plastic Straws Gesso for prepping your canvas.