

# **Abstract Painting and Mixed Media Techniques and Materials**

## **Claudia Mengel**

### **Materials recommended for the workshop:**

#### **Paints:**

I recommend Golden Paints for the workshop (it is preferable but not essential).

The

following colors are the basic list I recommend:

- Titanium White
- Ivory Black
- Cadmium red light
- Deep magenta or Quinacridone Magenta
- Ultramarine blue
- Cerulean blue
- Chrome oxide green
- Sap green or olive green
- Cadmium yellow light
- Yellow ochre
- Dioxazine violet
- Raw umber
- Burnt Siena
- Burnt umber

We all have colors we love, please feel free to bring your favorites.

#### **Mediums:**

Mediums are an integral part of acrylic painting. Golden is the best. 8oz jars.

- Matte medium
- Acrylic glazing liquid
- Tar gel

#### **Drawing tools:**

- Pastels
- Water soluble pastel painting sticks
- Charcoals
- Stable woody pencils or watercolor pencils

#### **Surfaces:**

- Wooden panel (At least one).
- Canvases, whatever size you are comfortable with (I use DaVinci or American Brand from Amazon)

- A pad of Mixed media paper. Strathmore is a good brand. Whatever size you prefer, small or larger.
- Vellum. Pad or on the roll.(optional)

### **Brushes:**

- Different shapes and sizes of your preference.
- Bamboo brushes are fun if you haven't tried them.
- Metal Palette knives of various sizes.

### **Palette paper:**

- Bring your preferred palette paper, freezer paper is fabulous for laying out over a large surface.

### **Other materials:**

- All-purpose joint compound (quart). You can find it in the hardware store.
- Putty knives 1" And 3"
- Tissue papers, the kind you use for gift bags, fun colors.
- Any collage materials
- Rice paper (optional)
- Spray bottle
- Paper towels
- Plastic covering for the floor
- Plastic gloves
- Masks for working in pastels
- Water containers
- Scissors

The goal of the workshop is to explore materials that can be utilized in your paintings.

Come with some ideas of what you might like to paint.

If you have any questions please contact me at [redcoatmaddy@gmail.com](mailto:redcoatmaddy@gmail.com)