Loosening Up—A Path to Painterly Painting

Diane Pike

**Supply List for:**

**Panel Sizes for Oil and Acrylic:**

We will doing two days of quick study paintings. You can bring a pad of canvas paper, at least 12x16, to paint on.

Or if you prefer painting on canvas panels (do not bring gallery wrapped canvas) bring at least four 12x16 or 16x20 panels for the **exercises.** We will be dividing them into fourths so we end up with 4 areas for quick exercises on each sheet.

**Paper Sizes for Oil and Acrylic:**

You can bring a pad of canvas paper to paint on, at least 12x16, to paint on.

In addition to that, I have found that Arches Oil Paper (140 lb. Cold Pressed) is a less costly surface than panels to paint on for these exercises. It is available in a pad of 12 sheets, 12x16, from Dick Blick or Cheap Joe’s or Jerrysartarama for $32. The paper is great with oils and acrylics, does not warp, and is easy to tape mount on a hard surface. A pad of 12 sheets is plenty for exercises.

**Pastel Paper:**

If you will be painting with soft pastels, I recommend using a sanded paper like UArt, and bringing several sheets at least 12x16 or larger. Bring a surface to mount the paper to as well. I like using a 1/2 inch sheet of foam core, wrapped in soft felt.

**Brushes:**

I recommend Robert Simon’s “Simply Simmons Long Handle” for workshop brushes. They are reasonably priced and can be found at most art supply stores. Try to bring brushes in a variety of sizes, Flats or Brights—#6,7,or 8’s. Try to bring at least one filbert, Extra Long size, No. 4 or 6. These are great for painting loose, because they are hard to control. I also use Silver Brush Grand Prix Bristle Brushes and Robert Simmon’s Long Handle Sapphire Brushes.

Other supplies:

Gamsol or Odor Free Turpenoid and a can to hold it for oil painters, paper towels—I find Viva to be the best.